



Michael R. Pence, Governor
State of Indiana

Division of Aging

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**Division of Aging Update
September 2, 2016**

No Wrong Door (NWD)

The NWD final draft plan is now available for review at <http://www.in.gov/fssa/da/4936.htm>. We are to submit the final plan to the Administration for Community Living at the end of September, so you still have time to look through it and offer your input and questions. Please email us at NoWrongDoor@fssa.in.gov

Long-Term Services and Supports (LTSS) Advisory Board

But wait, there's more! As you read through the NWD plan, around page 13 you'll note a discussion of the creation of an LTSS Advisory Board.

The Division of Aging (DA) has endeavored to involve stakeholders in the design, review, and revision of programs and services. But it's not always easy to engage a wide range of consumers, advocates, and partners across the state, keep them actively involved, and do it well. We also recognize that no one group of stakeholders is **adequately** knowledgeable on the full range of available LTSS in order to provide well-informed input into the entire "system of programs and services."

Accordingly, one of our NWD goals is to create a strong, representative and consistently engaged LTSS Advisory Board comprising individuals with disabilities and older adults, their families/guardians, advocates, aging and disability service information providers such as ADRCs and CILs, nonprofit organizations, HCBS providers, and perhaps representatives of state agencies that provide LTSS. This group is to include representatives throughout the entire state. The LTSS board will assist by reviewing the DA's strategic plan, assessing progress toward goals, and assisting DA leadership in prioritizing future goals and efforts.

Read through the plan for more specifics. If you're interested in becoming a member, please email questions or comments at NoWrongDoor@fssa.in.gov

Wi-Fi signals could keep tabs on health of aging family members

Thanks to a recent National Science Foundation grant, an assistant professor at Michigan State University's College of Engineering will begin studying ways those same signals may be able to keep tabs on the health of aging loved ones.



Wi-Fi is traditionally thought of as a means of communication, but this study focuses on repurposing Wi-Fi into a sensing technology that could evolve into a method of monitoring older adults' health conditions. When a person moves around, that movement actually affects the signal. Those changes and detection of patterns could indicate different actions such as when a person is sleeping, walking, or typing on their computer. Applied algorithms may then be able to monitor ADLs and detect the occurrence of an abnormal occurrence such as a fall. Read more at http://msutoday.msu.edu/news/2016/msu-technology-could-help-keep-elderly-safe-in-their-homes/?utm_campaign=media-pitch&utm_source=standard-list&utm_medium=email

Pre-Admission Screening Resident Review (PASRR) Redesign Update

The new PASRR redesign was fully implemented on July 1. As with any new process, there have been some growing pains. But on the whole, the transition from old to new has been successful. Hospitals, nursing facilities and the AAAs are finding the new process more efficient, consistent and accurate. Based on feedback we've received from system users, we have been able to update, streamline and improve upon the process even further.

The DA established a PASRR "Super User" group that received additional training. Dedicated Super Users work closely with their staff members to assure technical assistance is provided in a timely fashion, resulting in efficient outcomes and determinations for the consumer. Special thanks to the Super Users for their leadership in this process!

Since the new process began, 86 percent of completed Level I assessments did not trigger a Level II, and over 6,300 Level of Care determinations have been issued. While the new Level I and Level of Care assessment tools are longer in length than previously, the information obtained through the tool is proving invaluable for making clear, accurate, and appropriate decisions regarding a consumer's need for care.

To stay informed, continue to watch for PASRR Updates brought to you by the DA and Ascend. If you have questions or concerns regarding the PASRR redesign, please send them to PASRR@fssa.in.gov.

From Slurpees to Karaoke

Space is in short supply In Japanese cities so its ubiquitous neighborhood convenience stores stock a lot of items in a small area. Known for Slurpees and freshly brewed hot coffee in the U.S., convenience stores in Japan are changing to accommodate the needs of a growing number of older adults. Nearly 27 percent of Japan's population is now 65 or older (in the U.S., 13.8 percent of adults are currently ages 65 and over).

Japanese bodegas are making changes to accommodate its society's needs. Neighborhood shops now contain racks of ready-to-heat meals that are rated based on how hard it is to chew the food, along with ready-to-cook raw vegetables and meat already cut up and packaged in single-serving amounts. Even products intended for older consumers' caregivers, including devices for giving bed baths, are stocked.

Another "item" many of these stores are providing is a nursing care manager who is available for anyone who comes in and needs help. Nurses visit clients' homes to, among other duties, ensure

a safe environment, connect families with adult day care services, or set up food delivery. The stores also offer a place for older adults to just sit, visit, drink tea, and even practice their karaoke skills. Many of them visit the shop several times a week to do just that. The stores are quickly becoming retail social hubs for the aging population. Food for thought: What this work in the U.S.?

Read more at: <http://www.citylab.com/navigator/2016/08/how-7-elevens-are-becoming-lifelines-for-japans-elderly/493772/>

Stay Informed

Register at <http://www.in.gov/fssa/2329.htm> to receive regular Division of Aging updates. Become a member of our listserv (4,500 strong and growing!). Pass your copy along to a friend or colleague if you find the content useful.